

UFC GYM

12739 Foothill Boulevard – Rancho Cucamonga, CA 91739

“Special Champs”

50 minute Core Fitness Training

FIRST CLASS IS FREE!

Only \$29 / month

Every Monday at 4:00 PM

and Saturday at 12:00 Noon

**New Saturday
Class!**



This class is tailored for our Special Champs ages 5 and up. We focus on body movements that help build coordination and confidence, increase core strength and introduces the basis for mixed martial arts in a safe and positive environment. The class goal is to ensure each champ is having fun, staying engaged and building self confidence.